



SHEHAN SNAPSHOT!



IMPORTANT DATES:

- **Half Day (11:30am Dismissal) 3/6**
- **Parent Teacher Conferences 3/6 @12:30pm-4pm**
- **CSS Spelling Bee 3/12 @5pm**
- **Professional Development Day (SCHOOL CLOSED) 3/13**
- **AOB St. Patrick's Day Parade 3/15**
- **Class Picture Day 3/20**



Take a look at the 'Cardinal Calendar' & upcoming school events!

Greetings Cardinal Shehan Family,

This week, our 1st and 5th grade students led our Lenten Service. The 1st graders shared the meaning of each of the fourteen Stations of the Cross. They also showed the beautiful artwork they made for each station. Our 5th graders helped by doing the readings and singing during the service with the 1st grade students. We are very proud of them.

Our boys' basketball team (ages 12-14) plays its first playoff game this Sunday at 2:00 PM at **Immaculate Conception**, located at 112 Ware Avenue. We believe this team has what it takes to win the championship! Please come out and support them. **Wear red and help cheer the team to victory.**

The **Baltimore Area Council of Scouts America** is working with Cardinal Shehan School to start a new Cub Scout Pack for girls and boys in kindergarten through 5th grade. The pack will meet here at the school. Cub Scouts gives children chances to enjoy outdoor adventures, learn STEM skills, and build confidence and friendships. To start the pack, we need 6 parents who are willing to help lead. Training will be provided, and parents will work together as a team. If you would like to learn more or help, please contact Mrs. Marianna Ross at 443-573-2536 or marianna.ross@scouting.org.

Are you looking for something for your child to do during summer break? Cardinal Shehan School will host a summer camp here at the school. Please see the flyer in this newsletter for details. Space is limited and spots will be filled on a first-come, first-served basis.

We are also collecting school supplies for a sister school in Ghana. If you are shopping at Walmart, Target, or online, please consider picking up a few extra school supplies to donate. Sister Mary Pauline is from Ghana, and we believe in the work she is doing to support schools there. Let's come together and support her efforts.

Third Semester Clubs will be announced next week. We will hold a Club Fair so students can learn about the clubs and choose the ones they like. We will try to give each student their first choice if space is available.

Cardinal Shehan School is growing and becoming a top choice for families in Baltimore. Please make sure you have secured your child's placement for next school year. If you have an outstanding balance, please contact Mrs. Jane to make a plan to resolve it.

Thank you for your continued support of our school.

Soaring High Together,

Dr. Barney J. Wilson
Principal

BASKETBALL NEWS



Hi CSS Family,
Our CSS 12-14 Boys are eligible for the CYO
Basketball Playoffs!

Want to support the 12-14 Boys team this weekend?

The team's first game is scheduled for **Sunday, March 8th, 2:00pm at Immaculate Conception (112 Ware Ave, Towson, MD)**. WE NEED ALL TO SHOW UP AND SHOW OUT FOR OUR CARDINAL SHEHAN CARDINALS. COME AND CHEER OUR TEAM TO VICTORY!



SPRING BREAK SCHEDULE

ATTENTION CSS FAMILIES:

Please note that the Spring Break schedule has been slightly adjusted due to recent snow days. Spring Break will now take place **April 2nd through April 12th**.

Students will return to school on Monday, April 13, 2026. Thank you for your understanding and flexibility as we make these adjustments.



MARCH LUNCH MENUS



What's for lunch?! Take a look at our March Lunch Menus attached to see the delicious and nutritious meals planned for our students!



CSS SPELLING BEE!

The excitement is building as our students prepare for the upcoming **Cardinal Shehan School Spelling Bee!** This special event will bring together students who have worked hard to strengthen their spelling, vocabulary, and confidence.

We are incredibly proud of all of the students who have stepped up to take part in this academic challenge. Events like the Spelling Bee help build important skills such as perseverance, focus, and a love for language.

We wish all of our participants the very best of luck and look forward to cheering them on as they showcase their hard work and talent. Please see the flyer attached for event details. Good luck to all of our Cardinals!

RE-ENROLL FOR THE 2026-2027 SCHOOL YEAR!

Re-enrollment is now open, and we ask all families to please complete the Intent to Enroll form and submit the registration fee as soon as possible. An email with full details was recently sent to families.

The Intent to Enroll form can be accessed through the SchoolAdmin Parent Portal:

Cardinalshehanschool.schooladminonline

All families must submit an Intent to Enroll form along with the required registration fee. If your student will not be returning for the 2026–2027 school year, please indicate the reason on the form.

If you have any questions or concerns, please do not hesitate to contact **Mrs. Jane Blusiewicz** or **Ms. Kayla Boykin** as soon as possible.

Thank you for your continued support and partnership!
-Cardinal Shehan School Admissions

Breakfast & Lunch Elementary, Middle & High Schools Menu Subject to Change					Date: MARCH 2026
4 - Week Cycle	2-Mar	3-Mar	4-Mar	5-Mar	6-Mar
Week 1	Week 1	Week 1	Week 1	Week 1	Week 1
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cheese Stick & Mini Loaf	French Toast	Yogurt w/Mini Muffin (2oz) (ES)	Cinnamon Crumb Loaf	Maple Waffle (IW)	
Applesauce (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Yogurt w/ Muffin (3.2oz) (MS & HS)	Apple Slices (IW), 1/2 cup	Applesauce (IW), 1/2 cup	
Mixed Fruit (IW), 1/2 cup	Fruit Juice, 4oz. shelf stable	Applesauce (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Pears (IW), 1/2 cup	
Milk, Assorted*	Milk, Assorted*	Peaches (IW), 1/2 cup	Milk, Assorted*	Milk, Assorted*	
		Milk, Assorted*			
Lunch	Lunch	Lunch	Lunch	Lunch	
Chicken Tenders w/Waffle (IW) (boat)	Burrito Rice Bowl	Sloppy Joe on a bun	Chicken Tikka Masala w/Rice & Stacys Pita Chips	Pizza, 4x6 (boat)	
Chicken Tenders Entrée Salad w/Rounds &	Taco Entrée Salad w/Rounds & Salsa	Chicken Patty Entrée Salad w/Rounds	Grilled Salmon Entrée Salad w/Rounds	Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola	
Mini Corn Muffin (HS & MS Only)	Vegetarian Beans, 1/2 cup	Romaine Side Salad, 1/2 cup	Sunshine Carrots, 1/2 cup	Green Beans, 1/2 cup (USDA)	
Oven Roasted Potatoes, 1/2 cup	Corn, 1/2 cup	Hummus (IW)	Hummus (IW)	Hummus (IW)	
Hummus (IW)	Hummus (IW)	Cherry Tomatoes, 1/2 cup w/PC Ranch	Celery Sticks, 1/2 cup w/PC Ranch	Carrot Sticks (IW), 1/2 cup w/PC Ranch	
Broccoli Florets (IW), 1/2 cup w/PC Ranch	Grapes, 1/2 cup	Pears (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Mixed Fruit (IW), 1/2 cup	
Peaches (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Craisins (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	
Apple Slices (IW), 1/2 cup	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	
Fruit, Fresh Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*	
Milk, Assorted*					

Cool Tropics

Breakfast PreK MMFA (Bag all 3 items)

Mini Muffin WGR, Applesauce, Milk	Mini Loaf WGR, Applesauce, Milk	Maple Waffle WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Mini Muffin WGR, Applesauce, Milk
Lunch PreK MMFA (pack all items in clam shell)				
Chicken Tenders w/Waffle (IW) (boat)	Burrito Rice Bowl	Sloppy Joe on a bun	Chicken Tikka Masala w/Rice & Stacy's Pita Chips	Pizza, 4x6 (boat)
Oven Roasted Potatoes, Broccoli Florets & Ranch, Peaches, Milk	Vegetarian Beans, Corn, Apple Slices, Milk	Romaine Side Salad, Cherry Tomatoes & Ranch, Pears, Milk	Sunshine Carrots, Celery Sticks & Ranch, Apple Slices, Milk	Green Beans, Carrot Sticks & Ranch, Mixed Fruit, Milk

*Milk, Assorted - Offered in the Milk Cooler every day: Fat-Free Chocolate, Low-Fat White, Low-Fat Lactose Free, offer Soy Milk to Dairy-Free & Vegan Students only.

*Fruit, Fresh Assorted - Banana, Clementine, or Orange

Offer vs. Serve

Archdiocese of Baltimore
Child Nutrition Program

This institution is an equal opportunity provider.

Breakfast & Lunch Elementary, Middle & High Schools Menu Subject to Change					Date: MARCH 2026
4 - Week Cycle	9-Mar	10-Mar	11-Mar	12-Mar	13-Mar
Week 2	Week 2	Week 2	Week 2	Week 2	Week 2
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Yogurt & Mini Loaf	Ultimate Breakfast Round w/Yogurt (4oz)	Yogurt w/Mini Muffin (2oz) (ES)	Banana Bread	Cereal, Honey Cheerios	
Applesauce (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Yogurt w/Muffin (3.2oz) (MS & HS)	Apple Slices (IW), 1/2 cup	Applesauce (IW), 1/2 cup	
Mixed Fruit (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Applesauce (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Pears (IW), 1/2 cup	
Milk, Assorted*	Milk, Assorted*	Peaches (IW), 1/2 cup	Milk, Assorted*	Milk, Assorted*	
		Milk, Assorted*			
Lunch	Lunch	Lunch	Lunch	Lunch	
Teriyaki Potstickers	Taco w/Tortilla, Scoops & PC Salsa	Pizza Sticks w/Marinara Sauce	Teriyaki Chicken w/Vegetable Fried Rice	Pizza, Round	

Chicken Tenders Entrée Salad w/Rounds	Taco Entrée Salad w/Rounds & Salsa	Chicken Patty Entree Salad w/Rounds	Grilled Salmon Entrée Salad w/Rounds	Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola
Broccoli, 1/2 cup	Vegetarian Beans, 1/2 cup	Mini Corn Muffin (HS & MS Only)	Green Beans, 1/2 cup (USDA)	Corn, 1/2 cup (USDA)
Hummus (IW)	Hummus (IW)	Sunshine Carrots, 1/2 cup	Hummus (IW)	Hummus (IW)
Carrot Sticks (IW), 1/2 cup w/PC Ranch	Cherry Tomatoes, 1/2 cup w/PC Ranch	Hummus (IW)	Celery Sticks, (IW) 1/2 cup w/PC Ranch	Carrot Sticks (IW), 1/2 cup w/PC Ranch
Peaches (IW), 1/2 cup	Strawberry Cups FRZ, 1/2 cup	Sliced Cucumbers, 1/2 cup w/PC Ranch	Apple Slices (IW), 1/2 cup	Mixed Fruit (IW), 1/2 cup
Apple Slices (IW), 1/2 cup	Craisins (IW), 1/2 cup	Pears (IW), 1/2 cup	Grapes, 1/2 cup	Apple Slices (IW), 1/2 cup
Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Apple Slices (IW), 1/2 cup	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*
Milk, Assorted*	Milk, Assorted*	Fruit, Fresh Assorted*	Milk, Assorted*	Milk, Assorted*

Cool Tropics

Breakfast PreK MMFA (Bag all 3 items)

Mini Muffin WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Maple Waffle WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Mini Muffin WGR, Applesauce, Milk
Lunch PreK MMFA (pack all items in clam shell)				
Teriyaki Potstickers	Taco w/Tortilla, Scoops & PC Salsa	Chicken Parmesan w/Garlic Breadstick	Teriyaki Chicken w/Vegetable Fried Rice	Pizza, Round
Broccoli, Carrot Stick & Ranch, Carrot Sticks & Ranch, Peaches, Milk	Vegetarian Beans, Cherry Tomatoes & Ranch, Strawberry Cups, Milk	Sunshine Carrots, Sliced Cucumbers & Ranch, Pears, Milk	Green Beans, Celery Sticks & Ranch, Apple Slices, Milk	Corn, Carrot Sticks & Ranch, Mixed Fruit, Milk

*Milk, Assorted - Offered in the Milk Cooler every day: Fat-Free Chocolate, Low-Fat White, Low-Fat Lactose Free, offer Soy Milk to Dairy-Free & Vegan Students only.
 *Fruit, Fresh Assorted - Banana, Clementine, or Orange

Offer vs. Serve

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Breakfast & Lunch
 Elementary, Middle & High Schools
 Menu Subject to Change

Date: MARCH 2026

4 - Week Cycle

16-Mar	17-Mar	18-Mar	19-Mar	20-Mar
Week 3	Week 3	Week 3	Week 3	Week 3
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cheese Stick & Mini Loaf	Mini Pancakes	Yogurt w/Mini Muffin (2oz) (ES)	Benefit Bar	Maple Waffle (IW)
Applesauce (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Yogurt w/Muffin (3.2oz) (MS & HS)	Apple Slices (IW), 1/2 cup	Applesauce (IW), 1/2 cup
Mixed Fruit (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Applesauce (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Pears (IW), 1/2 cup
Milk, Assorted*	Milk, Assorted*	Peaches (IW), 1/2 cup	Milk, Assorted*	Milk, Assorted*
		Milk, Assorted*		
Lunch	Lunch	Lunch	Lunch	Lunch
Popcorn Chicken w/ Dinner Roll	Hot Dogs on a Bun	Chicken Parmesan w/Garlic Breadstick	Birra Barbacoa w/Rounds & Salsa	Pizza, Stuffed Crust w/PC Marinara Sauce
Chicken Tenders Entrée Salad w/Rounds	Taco Entrée Salad w/Rounds & Salsa	Chicken Patty Entrée Salad w/Rounds	Grilled Salmon Entrée Salad w/Rounds	Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola
Mini Corn Muffin (HS & MS Only)	Vegetarian Beans, 1/2 cup	Broccoli, 1/2 cup (Cooked)	Sunshine Carrots, 1/2 cup	Cascade Mixed Vegetable Blend, 1/2 cup
Oven Roasted Potatoes, 1/2 cup	Hummus (IW)	Hummus (IW)	Hummus (IW)	Hummus (IW)
Hummus (IW)	Celery Sticks (IW), 1/2 cup w/PC Ranch	Cherry Tomatoes, 1/2 cup w/PC Ranch	Sliced Cucumbers, 1/2 cup w/PC Ranch	Carrot Sticks (IW), 1/2 cup w/PC Ranch
Broccoli Florets (IW), 1/2 cup w/PC Ranch	Grapes, 1/2 cup	Pears (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Mixed Fruit (IW), 1/2 cup
Peaches (IW), 1/2 cup	Craisins (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Craisins (IW), 1/2 cup	Apple Slices (IW), 1/2 cup
Apple Slices (IW), 1/2 cup	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*
Fruit, Fresh Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*
Milk, Assorted*				

Cool Tropics

Breakfast PreK MMFA (Bag all 3 items)

Mini Muffin WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Maple Waffle WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Mini Muffin WGR, Applesauce, Milk
Lunch PreK MMFA (pack all items in clam shell)				
Popcorn Chicken w/Dinner Roll	Hot Dogs on a Bun	Pizza Sticks w/Marinara Sauce	Birra Barbacoa w/Rounds & PC Salsa	Pizza, Stuffed Crust w/PC Marinara Sauce

Oven Roasted Potatoes, Broccoli Florets & Ranch, Peaches, Milk	Vegetarian Beans, Celery Sticks, Craisins, Milk	Green Beans, Cherry Tomatoes & Ranch, Pears, Milk	Sunshine Carrots, Sliced Cucumbers & Ranch, Apple Slices, Milk	Cascade Mixed Veg Blend, Carrot Sticks & Ranch, Mixed Fruit, Milk
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Offer vs. Serve

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Breakfast & Lunch
Elementary, Middle & High Schools
Menu Subject to Change

Date: MARCH 2026

4 - Week Cycle				
23-Mar	24-Mar	25-Mar	26-Mar	27-Mar
Week 4	Week 4	Week 4	Week 4	Week 4
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Yogurt & Mini Loaf	Sweet Potato Roll	Yogurt w/Mini Muffin (2oz) (ES)	Blueberry Bread	Cereal, Honey Cheerios
Applesauce (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Yogurt w/ Muffin (3.2oz) (MS & HS)	Apple Slices (IW), 1/2 cup	Applesauce (IW), 1/2 cup
Mixed Fruit (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Applesauce (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Pears (IW), 1/2 cup
Milk, Assorted*	Milk, Assorted*	Peaches (IW), 1/2 cup	Milk, Assorted*	Milk, Assorted*
		Milk, Assorted*		
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Patty on a Bun	Empanada Enchilada	Rotini w/Meatsauce & Garlic Breadstick	Chopped Beef and Cheddar on a Sub roll	Pizza, Round
Chicken Tenders Entrée Salad w/Rounds	Taco Entrée Salad w/Rounds & Salsa	Chicken Patty Entrée Salad w/Rounds	Grilled Salmon Entrée Salad w/Rounds	Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola
Capri Vegetable Blend, 1/2 cup	Vegetarian Beans, 1/2 cup	Mini Corn Muffin (HS & MS Only)	Sunshine Carrots, 1/2 cup	Corn, 1/2 cup (USDA)
Hummus (IW)	Hummus (IW)	Green Beans, 1/2 cup (USDA)	Hummus (IW)	Hummus (IW)
Carrot Sticks (IW), 1/2 cup w/PC Ranch	Sliced Cucumbers, 1/2 cup w/PC Ranch	Hummus (IW)	Celery Sticks (IW), 1/2 cup w/PC Ranch	Broccoli Florets (IW), 1/2 cup w/PC Ranch
Peaches (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Cherry Tomatoes, 1/2 cup w/PC Ranch	Grapes, 1/2 cup	Mixed Fruit (IW), 1/2 cup
Apple Slices (IW), 1/2 cup	Craisins (IW), 1/2 cup	Pears (IW), 1/2 cup	Craisins (IW), 1/2 cup	Apple Slices (IW), 1/2 cup
Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Apple Slices (IW), 1/2 cup	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*
Milk, Assorted*	Milk, Assorted*	Fruit, Fresh Assorted*	Milk, Assorted*	Milk, Assorted*
		Milk, Assorted*		

Cool Tropics

Breakfast PreK MMFA (Bag all 3 items)

Mini Muffin WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Maple Waffle WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Mini Muffin WGR, Applesauce, Milk
Lunch PreK MMFA (pack all items in clam shell)				
Chicken Patty on a Bun	Empanada Enchilada	Rotini w/Meatsauce & Garlic Knot	Chopped Beef & Cheddar on a Hot Dog Roll	Pizza, Round
Capri Veg Blend, Carrot Stick, Peaches, Milk	Vegetarian Beans, Sliced Cucumbers, Apple Slices, Milk	Green Beans, Cherry Tomatoes & Ranch, Pears, Milk	Sunshine Carrots, Celery Sticks & Ranch, Craisins, Milk	Corn, Broccoli Florets & Ranch, Mixed Fruit, Milk

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Breakfast & Lunch
Elementary, Middle & High Schools
Menu Subject to Change

Date: MARCH 2026

4 - Week Cycle				
30-Mar	31-Mar	1-Apr	2-Apr	3-Apr
Week 1	Week 1	Week 1	Week 1	Week 1

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cheese Stick & Mini Loaf	French Toast	Yogurt w/Mini Muffin (2oz) (ES)	Cinnamon Crumb Loaf	Maple Waffle (IW)
Applesauce (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Yogurt w/ Muffin (3.2oz) (MS & HS)	Apple Slices (IW), 1/2 cup	Applesauce (IW), 1/2 cup
Mixed Fruit (IW), 1/2 cup	Fruit Juice, 4oz. shelf stable	Applesauce (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Pears (IW), 1/2 cup
Milk, Assorted*	Milk, Assorted*	Peaches (IW), 1/2 cup	Milk, Assorted*	Milk, Assorted*
		Milk, Assorted*		
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Tenders w/Waffle (IW) (boat)	Burrito Rice Bowl	Sloppy Joe on a bun	Chicken Tikka Masala w/Rice & Stacy's Pita Chips	Pizza, 4x6 (boat)
Chicken Tenders Entrée Salad w/Rounds	Taco Entrée Salad w/Rounds & Salsa	Chicken Patty Entrée Salad w/Rounds	Grilled Salmon Entrée Salad w/Rounds	Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola
Mini Corn Muffin (HS & MS Only)	Vegetarian Beans, 1/2 cup	Romaine Side Salad, 1/2 cup	Sunshine Carrots, 1/2 cup	Green Beans, 1/2 cup (USDA)
Oven Roasted Potatoes, 1/2 cup	Corn, 1/2 cup	Hummus (IW)	Hummus (IW)	Hummus (IW)
Hummus (IW)	Hummus (IW)	Cherry Tomatoes, 1/2 cup w/PC Ranch	Celery Sticks, 1/2 cup w/PC Ranch	Carrot Sticks (IW), 1/2 cup w/PC Ranch
Broccoli Florets (IW), 1/2 cup w/PC Ranch	Grapes, 1/2 cup	Pears (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Mixed Fruit (IW), 1/2 cup
Peaches (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Craisins (IW), 1/2 cup	Apple Slices (IW), 1/2 cup
Apple Slices (IW), 1/2 cup	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*
Fruit, Fresh Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*
Milk, Assorted*				

Cool Tropics

Breakfast PreK MMFA (Bag all 3 items)

Mini Muffin WGR, Applesauce, Milk	Mini Loaf WGR, Applesauce, Milk	Maple Waffle WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Mini Muffin WGR, Applesauce, Milk
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Lunch PreK MMFA (pack all items in clam shell)

Chicken Tenders w/Waffle (IW) (boat)	Burrito Rice Bowl	Sloppy Joe on a bun	Chicken Tikka Masala w/Rice & Stacy's Pita Chips	Pizza, 4x6 (boat)
Oven Roasted Potatoes, Broccoli Florets & Ranch, Peaches, Milk	Vegetarian Beans, Corn, Apple Slices, Milk	Romaine Side Salad, Cherry Tomatoes & Ranch, Pears, Milk	Sunshine Carrots, Celery Sticks & Ranch, Apple Slices, Milk	Green Beans, Carrot Sticks & Ranch, Mixed Fruit, Milk

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Offer vs. Serve

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Child Nutrition Program**

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Archdiocese of Baltimore
Child Nutrition Program

Breakfast & Lunch Menu

Pre K ONLY

March 2026

MENU SUBJECT TO CHANGE

Offer vs. Serve

2-Mar	3-Mar	4-Mar	5-Mar	6-Mar
Breakfast Mini Muffin WGR Applesauce Milk, White 1%	Breakfast Mini Loaf WGR Apple Slices Milk, White 1%	Breakfast Maple Waffle WGR Applesauce Milk, White 1%	Breakfast Mini Loaf WGR Appleslices Milk, White 1%	Breakfast Mini Muffin WGR Applesauce Milk, White 1%
Lunch Chicken Tenders w/Waffle Oven Roasted Potatoes Broccoli Florets w/PC Ranch Peaches Milk, White 1%	Lunch Burrito Rice Bowl Vegetarian Beans Corn Apple Slices Milk, White 1%	Lunch Sloppy Joe on a bun Romaine Side Salad Cherry Tomatoes w/PC Ranch Pears Milk, White 1%	Lunch Chicken Tikka Masala w/Rice & Stacy's Pita Chips Sunshine Carrots Celery Sticks w/PC Ranch Craisins Milk, White 1%	Lunch Pizza, 4x6 Green Beans Carrot Sticks w/PC Ranch Mixed Fruit Milk, White 1%
9-Mar	10-Mar	11-Mar	12-Mar	13-Mar
Breakfast Mini Muffin WGR Applesauce Milk, White 1%	Breakfast Mini Loaf WGR Apple Slices Milk, White 1%	Breakfast Maple Waffle WGR Applesauce Milk, White 1%	Breakfast Mini Loaf WGR Appleslices Milk, White 1%	Breakfast Mini Muffin WGR Applesauce Milk, White 1%
Lunch Teriyaki Potstickers Broccoli Carrot Sticks w/PC Ranch Peaches Milk, White 1%	Lunch Taco w/Tortilla, Scoops & PC Salsa Vegetarian Beans Cherry Tomatoes w/PC Ranch Strawberry Cups FRZ Milk, White 1%	Lunch Chicken Parmesan w/Garlic Breadstick Sunshine Carrots Sliced Cucumbers w/PC Ranch Pears Milk, White 1%	Lunch Teriyaki Chicken w/Vegetable Fried Rice Green Beans Celery Sticks w/PC Ranch Craisins Milk, White 1%	Lunch Pizza, Round Corn Carrot Sticks w/PC Ranch Mixed Fruit Milk, White 1%
16-Mar	17-Mar	18-Mar	19-Mar	20-Mar
Breakfast Mini Muffin WGR Applesauce Milk, White 1%	Breakfast Mini Loaf WGR Apple Slices Milk, White 1%	Breakfast Maple Waffle WGR Applesauce Milk, White 1%	Breakfast Mini Loaf WGR Appleslices Milk, White 1%	Breakfast Mini Muffin WGR Applesauce Milk, White 1%
Lunch Popcorn Chicken w/Dinner Roll Oven Roasted Potatoes, 1/2 cup Broccoli Florets w/PC Ranch Peaches Milk, White 1%	Lunch Hot Dogs on a Bun Vegetarian Beans Celery Sticks w/PC Ranch Craisins Milk, White 1%	Lunch Pizza Sticks w/Marinara Sauce Green Beans Cherry Tomatoes w/PC Ranch Pears Milk, White 1%	Lunch Birra Barbacoa w/Rounds & PC Salsa Sunshine Carrots Sliced Cucumbers w/PC Ranch Apple Slices Milk, White 1%	Lunch Pizza, Stuffed Crust w/PC Marinara Sauce Cascade Mixed Veg Blend Carrot Sticks w/PC Ranch Mixed Fruit Milk, White 1%
23-Mar	24-Mar	25-Mar	26-Mar	27-Mar
Breakfast Mini Muffin WGR Applesauce Milk, White 1%	Breakfast Mini Loaf WGR Apple Slices Milk, White 1%	Breakfast Maple Waffle WGR Applesauce Milk, White 1%	Breakfast Mini Loaf WGR Appleslices Milk, White 1%	Breakfast Mini Muffin WGR Applesauce Milk, White 1%
Lunch Chicken Patty on a Bun Capri Vegetable Blend Carrot Sticks w/PC Ranch Peaches Milk, White 1%	Lunch Empanada Enchilada Vegetarian Beans Sliced Cucumbers w/PC Ranch Apple Slices Milk, White 1%	Lunch Rotini w/Meatsauce & Garlic Knot Green Beans Cherry Tomatoes w/PC Ranch Pears Milk, White 1%	Lunch Chopped Beef & Cheddar on a Hot Dog Roll Sunshine Carrots Celery Sticks w/PC Ranch Craisins Milk, White 1%	Lunch Pizza, Round Corn Broccoli Florets w/PC Ranch Mixed Fruit Milk, White 1%
30-Mar	31-Mar	1-Apr	2-Apr	3-Apr
Breakfast Mini Muffin WGR Applesauce Milk, White 1%	Breakfast Mini Loaf WGR Apple Slices Milk, White 1%	Breakfast Maple Waffle WGR Applesauce Milk, White 1%	Breakfast Mini Loaf WGR Appleslices Milk, White 1%	Breakfast Mini Muffin WGR Applesauce Milk, White 1%
Lunch Chicken Tenders w/Waffle Oven Roasted Potatoes Broccoli Florets w/PC Ranch Peaches Milk, White 1%	Lunch Burrito Rice Bowl Vegetarian Beans Corn Apple Slices Milk, White 1%	Lunch Sloppy Joe on a bun Romaine Side Salad Cherry Tomatoes w/PC Ranch Pears Milk, White 1%	Lunch Chicken Tikka Masala w/Rice & Stacy's Pita Chips Sunshine Carrots Celery Sticks w/PC Ranch Craisins Milk, White 1%	Lunch Pizza, 4x6 Green Beans Carrot Sticks w/PC Ranch Mixed Fruit Milk, White 1%

*Milk, Assorted - Offered in the Milk Cooler every day: Fat-Free Chocolate, Low-Fat White, Low-Fat Lactose Free, offer Soy Milk to Dairy-Free & Vegan Students only.

*Fruit, Fresh Assorted - Banana, Clementine, or Orange

This Institution is an Equal Opportunity Provider, Lender and Employer.



SPELLING BEE CONTEST

**Buzz your way
to the victory!**



**Grades
2-8**

EVENT RULES

- Participants must spell the words aloud.
- NO outside help is allowed
- Spelling errors will result in elimination
- Most importantly, **HAVE FUN & DO YOUR BEST!**

HOW TO PREPARE:

- Study your grade-level word list
- Practice spelling words aloud with confidence
- Read daily to build vocabulary
- Learn definitions and pronunciations

**THURSDAY,
MARCH 12, 2026**

**5PM
CSS Gymnasium**

INFORMATION

For more information, contact
Assistant Principal, Mr. Vessells

NORTHEAST UNITED YOUTH BASEBALL LEAGUE



Let's play ball!

Re: Cardinal Shehan Registration for the Northeast United Youth Baseball League

Dear parents and faculty, we are pleased to announce our registration for the 2026 baseball season. We are currently accepting registrations for children between the ages 4-14. If you are interested, please join us for our upcoming information session on February 27, 2026 at 3:30pm, here at Cardinal Shehan School in the gymnasium. Thank you for your interest and hope to see you soon!

Come out and play, learn, and most of all HAVE FUN!!!

Where: Clifton Park Children Ages: 4-18

Early Registration: \$375 Normal Registration: \$450

Early Registration Cutoff: 3/3/26

- Spring Training/Batting Cage
- Fun Day/Picture Day
- Orioles Game Tickets
- Player Development Clinics/Private Hitting Lessons
- Blacksox Annual Team Trip
- Banquet/Players Award Ceremony

COACH MAYFIELD- 410-736-0735

Email: anthonymayfield@northeastblacksox.com

Website: northeastblacksox.com