



# SHEHAN SNAPSHOT!



## IMPORTANT DATES:

- **SPRING BREAK 4/2-4/12**
- **School Resumes 4/13**
- **Spring Open House 4/14 @10am-1pm**
- **NWEA Map Testing - Spring Session 4/21-4/23**



**Take a look at the 'Cardinal Calendar' & upcoming school events!**

### **Greetings Cardinal Shehan Family,**

This is the 5th week of the Lenten season, a time for prayer, reflection, and growing closer to God. Cardinal Shehan School would like to thank the many parents who joined us in the gym for our weekly Lenten Service. Our Pre-School classes did a wonderful job leading us in song and presenting the Stations of the Cross. We are grateful to Sister Mary Pauline and Mrs. Valerie Kim for guiding this meaningful service, helping us reflect on Jesus' suffering, His death, and His promise of resurrection.

As we prepare for Holy Week, we are reminded to humble ourselves and trust more in God. This is a special time to think about our faith, strengthen our beliefs, and continue praying together as a school community.

We are excited to share that Cardinal Shehan School is partnering with a sponsor from Morgan State University to host an Easter Egg Hunt on **Saturday, March 28th from 12 PM to 3 PM**. Please be sure to register and come out to enjoy this fun event with your family.

On Wednesday, we were honored to welcome Mr. William Baird, the nephew of Cardinal Shehan, our school's namesake. He spoke with our 4th through 8th grade students about Cardinal Shehan's life and legacy. Students learned that he was not only a faithful man of God and the twelfth Archbishop of Baltimore, but also a strong supporter of Civil Rights. In 1966, he bravely stood up for fair housing in Baltimore, even when others opposed him. We thank Father Carrion for inviting Mr. Baird, and we appreciate The Catholic Review for capturing this special visit.

Only 50 families filled out the parent survey thus far. This does not bode well for our school in the eyes of the Archdiocese. Please use this link to access and fill out the survey, <https://forms.gle/dxCrnZ98qP29YhGN8> and fill it out.

Please note that Dr. Wilson will be on paternity leave for the next two weeks. During this time, Mr. Vessells will be serving in his place. As we welcome the first day of spring, we give thanks for a wonderful school year so far at Cardinal Shehan School. We encourage you to stay connected with your child's teachers, who have been working very hard to provide meaningful learning experiences for all students.

Finally, we want to support Mrs. Jane Blusiewicz as she works to collect outstanding tuition and fees. Her role is important to our school community. If you have a balance, please reach out, make a plan, and do your best to get caught up. When we work together, we all succeed.

### **Soaring High Together,**

*Dr. Barney J. Wilson*  
**Principal**

## **MARCH TUITION ASSISTANCE UPDATE**

The tuition assistance application deadline for the 2026-2027 school year was **February 28, 2026**. Applications received after this date are considered late.

Applications received timely are given first consideration. The Archdiocese of Baltimore is requiring the following documentation for verification of your application:

- \* **Your 2024 Tax Return**
- \* **Your 2025 W-2's**

Please note that your application is not considered complete until all required documentation has been uploaded, received and verified by FACTS. If you have not uploaded the required documents, please do so as soon as possible.



## **MARCH LUNCH MENUS**

What's for lunch?! Take a look at our March Lunch Menus attached to see the delicious and nutritious meals planned for our students!

## **BOOST PARENT APPLICATION**

The **BOOST** parent Scholarship Application for the 2026-2027 school year is open through **Friday, May 8, 2026**. Please mark this date on your calendar as it will not be extended.

Be sure to check out the flyers attached below for some exciting upcoming events—we have so much in store, and you won't want to miss a moment! Stay tuned and get ready to join in on all the excitement!

## **RE-ENROLL FOR THE 2026-2027 SCHOOL YEAR!**

Re-enrollment is now open, and we ask all families to please complete the Intent to Enroll form and submit the registration fee as soon as possible. An email with full details was recently sent to families.

The Intent to Enroll form can be accessed through the SchoolAdmin Parent Portal:

[Cardinalshehanschool.schooladminonline](https://Cardinalshehanschool.schooladminonline)

All families must submit an Intent to Enroll form along with the required registration fee. If your student will not be returning for the 2026–2027 school year, please indicate the reason on the form.

If you have any questions or concerns, please do not hesitate to contact **Mrs. Jane Blusiewicz** or **Ms. Kayla Boykin** as soon as possible.

Thank you for your continued support and partnership!  
*-Cardinal Shehan School Admissions*

# ABOUT ONYX



Onyx is the founder of Pikuach Nefesh LLC. Pikuach Nefesh LLC - meaning 'to preserve a life' - is a business committed to supporting community health in many ways including natural products like fresh elderberry syrup, ginger and mullein.



# SUPPORT

# ONYX

Meet Onyx at the **Healing In Tandem Expo on Saturday, March 21st from 10 AM-4 PM!** Come support her work, celebrate her journey, and pour into our incredible young entrepreneur. We love creating space for youth to shine, and Onyx is definitely one to watch.

HOSTED BY RIANN WHITE &  
ACTIVE CAMPUS ORGS

# EGG-CITING ADVENTURES AWAIT

Spring is in the air and the hunt is on!

Grab your baskets and join us for a fun-filled day of Easter magic, games, and prizes! Students of Cardinal Shehan School and their families.

✓ Colorful egg hunts ✓ Special golden egg prizes ✓ Crafts, games & music

**SATURDAY**

**28 MARCH 2026**

**12PM - 3PM | 5407 LOCH RAVEN BOULEVARD  
BALTIMORE, MARYLAND 21239**



## **DONATION ITEMS**

**Books**

**Stuffed Animals**

**School Supplies**

**Toys and Games**



APRIL IS NATIONAL  
**CHILD ABUSE**  
PREVENTION MONTH

## **CHILD ABUSE PREVENTION MONTH DONATION DRIVE WITH CENTER FOR HOPE**

### **Contribute to the Community Closet**

In commemoration of Child Abuse Prevention Month, the Archdiocese of Baltimore is working with Baltimore's Center for Hope to collect donations for children affected by abuse.

Center for Hope provides intervention and prevention for child abuse and community violence, aiming to support the growing number of victims within our communities.

Please join us in protecting children this April by collecting goods for Center for Hope's community closet. To ensure the dignity, self-respect, and well-being of Center for Hope's clients, we ask that all donations are new.

### **CENTER FOR HOPE**

5400 Preakness Way,  
Baltimore, MD 21215

410-601-HOPE (4673)

<https://www.lifebridgehealth.org/center-for-hope>



AGES 6-12

29 JUNE-7 AUG

THE

SUMMER

COLLECTIVE

REGISTRATION LINK:

[HTTPS://FORMS.GLE/TK  
5TMKYHWKLHNVV18](https://forms.gle/tk5tmkyhwklhnvv18)

\$200/WEEK  
CAMPERS

\$100/WEEK CAMP  
COUNSELORS

ACTIVITIES:

- ARTS & CRAFT
- ENRICHMENT
- WATER GAMES
- MUSIC & DANCE
- SPORTS

5407 LOCH RAVEN BLVD  
BALTIMORE MD 21239

Breakfast & Lunch Elementary, Middle & High Schools Menu Subject to Change					Date: MARCH 2026
4 - Week Cycle	2-Mar	3-Mar	4-Mar	5-Mar	6-Mar
Week 1	Week 1	Week 1	Week 1	Week 1	Week 1
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cheese Stick & Mini Loaf	French Toast	Yogurt w/Mini Muffin (2oz) (ES)	Cinnamon Crumb Loaf	Maple Waffle (IW)	
Applesauce (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Yogurt w/ Muffin (3.2oz) (MS & HS)	Apple Slices (IW), 1/2 cup	Applesauce (IW), 1/2 cup	
Mixed Fruit (IW), 1/2 cup	Fruit Juice, 4oz. shelf stable	Applesauce (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Pears (IW), 1/2 cup	
Milk, Assorted*	Milk, Assorted*	Peaches (IW), 1/2 cup	Milk, Assorted*	Milk, Assorted*	
		Milk, Assorted*			
Lunch	Lunch	Lunch	Lunch	Lunch	
Chicken Tenders w/Waffle (IW) (boat)	Burrito Rice Bowl	Sloppy Joe on a bun	Chicken Tikka Masala w/Rice & Stacys Pita Chips	Pizza, 4x6 (boat)	
Chicken Tenders Entrée Salad w/Rounds &	Taco Entrée Salad w/Rounds & Salsa	Chicken Patty Entrée Salad w/Rounds	Grilled Salmon Entrée Salad w/Rounds	Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola	
Mini Corn Muffin (HS & MS Only)	Vegetarian Beans, 1/2 cup	Romaine Side Salad, 1/2 cup	Sunshine Carrots, 1/2 cup	Green Beans, 1/2 cup (USDA)	
Oven Roasted Potatoes, 1/2 cup	Corn, 1/2 cup	Hummus (IW)	Hummus (IW)	Hummus (IW)	
Hummus (IW)	Hummus (IW)	Cherry Tomatoes, 1/2 cup w/PC Ranch	Celery Sticks, 1/2 cup w/PC Ranch	Carrot Sticks (IW), 1/2 cup w/PC Ranch	
Broccoli Florets (IW), 1/2 cup w/PC Ranch	Grapes, 1/2 cup	Pears (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Mixed Fruit (IW), 1/2 cup	
Peaches (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Craisins (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	
Apple Slices (IW), 1/2 cup	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	
Fruit, Fresh Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*	
Milk, Assorted*					

Cool Tropics

Breakfast PreK MMFA (Bag all 3 items)

Mini Muffin WGR, Applesauce, Milk	Mini Loaf WGR, Applesauce, Milk	Maple Waffle WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Mini Muffin WGR, Applesauce, Milk
Lunch PreK MMFA (pack all items in clam shell)				
Chicken Tenders w/Waffle (IW) (boat)	Burrito Rice Bowl	Sloppy Joe on a bun	Chicken Tikka Masala w/Rice & Stacy's Pita Chips	Pizza, 4x6 (boat)
Oven Roasted Potatoes, Broccoli Florets & Ranch, Peaches, Milk	Vegetarian Beans, Corn, Apple Slices, Milk	Romaine Side Salad, Cherry Tomatoes & Ranch, Pears, Milk	Sunshine Carrots, Celery Sticks & Ranch, Apple Slices, Milk	Green Beans, Carrot Sticks & Ranch, Mixed Fruit, Milk

\*Milk, Assorted - Offered in the Milk Cooler every day: Fat-Free Chocolate, Low-Fat White, Low-Fat Lactose Free, offer Soy Milk to Dairy-Free & Vegan Students only.

\*Fruit, Fresh Assorted - Banana, Clementine, or Orange

Offer vs. Serve

Archdiocese of Baltimore  
Child Nutrition Program

This institution is an equal opportunity provider.

Breakfast & Lunch Elementary, Middle & High Schools Menu Subject to Change					Date: MARCH 2026
4 - Week Cycle	9-Mar	10-Mar	11-Mar	12-Mar	13-Mar
Week 2	Week 2	Week 2	Week 2	Week 2	Week 2
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Yogurt & Mini Loaf	Ultimate Breakfast Round w/Yogurt (4oz)	Yogurt w/Mini Muffin (2oz) (ES)	Banana Bread	Cereal, Honey Cheerios	
Applesauce (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Yogurt w/Muffin (3.2oz) (MS & HS)	Apple Slices (IW), 1/2 cup	Applesauce (IW), 1/2 cup	
Mixed Fruit (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Applesauce (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Pears (IW), 1/2 cup	
Milk, Assorted*	Milk, Assorted*	Peaches (IW), 1/2 cup	Milk, Assorted*	Milk, Assorted*	
		Milk, Assorted*			
Lunch	Lunch	Lunch	Lunch	Lunch	
Teriyaki Potstickers	Taco w/Tortilla, Scoops & PC Salsa	Pizza Sticks w/Marinara Sauce	Teriyaki Chicken w/Vegetable Fried Rice	Pizza, Round	

Chicken Tenders Entrée Salad w/Rounds	Taco Entrée Salad w/Rounds & Salsa	Chicken Patty Entree Salad w/Rounds	Grilled Salmon Entrée Salad w/Rounds	Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola
Broccoli, 1/2 cup	Vegetarian Beans, 1/2 cup	Mini Corn Muffin (HS & MS Only)	Green Beans, 1/2 cup (USDA)	Corn, 1/2 cup (USDA)
Hummus (IW)	Hummus (IW)	Sunshine Carrots, 1/2 cup	Hummus (IW)	Hummus (IW)
Carrot Sticks (IW), 1/2 cup w/PC Ranch	Cherry Tomatoes, 1/2 cup w/PC Ranch	Hummus (IW)	Celery Sticks, (IW) 1/2 cup w/PC Ranch	Carrot Sticks (IW), 1/2 cup w/PC Ranch
Peaches (IW), 1/2 cup	Strawberry Cups FRZ, 1/2 cup	Sliced Cucumbers, 1/2 cup w/PC Ranch	Apple Slices (IW), 1/2 cup	Mixed Fruit (IW), 1/2 cup
Apple Slices (IW), 1/2 cup	Craisins (IW), 1/2 cup	Pears (IW), 1/2 cup	Grapes, 1/2 cup	Apple Slices (IW), 1/2 cup
Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Apple Slices (IW), 1/2 cup	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*
Milk, Assorted*	Milk, Assorted*	Fruit, Fresh Assorted*	Milk, Assorted*	Milk, Assorted*

Cool Tropics

Breakfast PreK MMFA (Bag all 3 items)

Mini Muffin WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Maple Waffle WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Mini Muffin WGR, Applesauce, Milk
Lunch PreK MMFA (pack all items in clam shell)				
Teriyaki Potstickers	Taco w/Tortilla, Scoops & PC Salsa	Chicken Parmesan w/Garlic Breadstick	Teriyaki Chicken w/Vegetable Fried Rice	Pizza, Round
Broccoli, Carrot Stick & Ranch, Carrot Sticks & Ranch, Peaches, Milk	Vegetarian Beans, Cherry Tomatoes & Ranch, Strawberry Cups, Milk	Sunshine Carrots, Sliced Cucumbers & Ranch, Pears, Milk	Green Beans, Celery Sticks & Ranch, Apple Slices, Milk	Corn, Carrot Sticks & Ranch, Mixed Fruit, Milk

\*Milk, Assorted - Offered in the Milk Cooler every day: Fat-Free Chocolate, Low-Fat White, Low-Fat Lactose Free, offer Soy Milk to Dairy-Free & Vegan Students only.

\*Fruit, Fresh Assorted - Banana, Clementine, or Orange

Offer vs. Serve

Archdiocese of Baltimore  
Child Nutrition Program

This institution is an equal opportunity provider.

Breakfast & Lunch  
Elementary, Middle & High Schools  
Menu Subject to Change

Date: MARCH 2026

4 - Week Cycle

16-Mar Week 3 Breakfast	17-Mar Week 3 Breakfast	18-Mar Week 3 Breakfast	19-Mar Week 3 Breakfast	20-Mar Week 3 Breakfast
Cheese Stick & Mini Loaf	Mini Pancakes	Yogurt w/Mini Muffin (2oz) (ES)	Benefit Bar	Maple Waffle (IW)
Applesauce (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Yogurt w/Muffin (3.2oz) (MS & HS)	Apple Slices (IW), 1/2 cup	Applesauce (IW), 1/2 cup
Mixed Fruit (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Applesauce (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Pears (IW), 1/2 cup
Milk, Assorted*	Milk, Assorted*	Peaches (IW), 1/2 cup	Milk, Assorted*	Milk, Assorted*
		Milk, Assorted*		
Lunch	Lunch	Lunch	Lunch	Lunch
Popcorn Chicken w/ Dinner Roll	Hot Dogs on a Bun	Chicken Parmesan w/Garlic Breadstick	Birra Barbacoa w/Rounds & Salsa	Pizza, Stuffed Crust w/PC Marinara Sauce
Chicken Tenders Entrée Salad w/Rounds	Taco Entrée Salad w/Rounds & Salsa	Chicken Patty Entrée Salad w/Rounds	Grilled Salmon Entrée Salad w/Rounds	Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola
Mini Corn Muffin (HS & MS Only)	Vegetarian Beans, 1/2 cup	Broccoli, 1/2 cup (Cooked)	Sunshine Carrots, 1/2 cup	Cascade Mixed Vegetable Blend, 1/2 cup
Oven Roasted Potatoes, 1/2 cup	Hummus (IW)	Hummus (IW)	Hummus (IW)	Hummus (IW)
Hummus (IW)	Celery Sticks (IW), 1/2 cup w/PC Ranch	Cherry Tomatoes, 1/2 cup w/PC Ranch	Sliced Cucumbers, 1/2 cup w/PC Ranch	Carrot Sticks (IW), 1/2 cup w/PC Ranch
Broccoli Florets (IW), 1/2 cup w/PC Ranch	Grapes, 1/2 cup	Pears (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Mixed Fruit (IW), 1/2 cup
Peaches (IW), 1/2 cup	Craisins (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Craisins (IW), 1/2 cup	Apple Slices (IW), 1/2 cup
Apple Slices (IW), 1/2 cup	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*
Fruit, Fresh Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*
Milk, Assorted*				

Cool Tropics

Breakfast PreK MMFA (Bag all 3 items)

Mini Muffin WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Maple Waffle WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Mini Muffin WGR, Applesauce, Milk
Lunch PreK MMFA (pack all items in clam shell)				
Popcorn Chicken w/Dinner Roll	Hot Dogs on a Bun	Pizza Sticks w/Marinara Sauce	Birra Barbacoa w/Rounds & PC Salsa	Pizza, Stuffed Crust w/PC Marinara Sauce

Oven Roasted Potatoes, Broccoli Florets & Ranch, Peaches, Milk	Vegetarian Beans, Celery Sticks, Craisins, Milk	Green Beans, Cherry Tomatoes & Ranch, Pears, Milk	Sunshine Carrots, Sliced Cucumbers & Ranch, Apple Slices, Milk	Cascade Mixed Veg Blend, Carrot Sticks & Ranch, Mixed Fruit, Milk
--	---	---	--	---

\*Milk, Assorted - Offered in the Milk Cooler every day: Fat-Free Chocolate, Low-Fat White, Low-Fat Lactose Free, offer Soy Milk to Dairy-Free & Vegan Students only.  
 \*Fruit, Fresh Assorted - Banana, Clementine, or Orange

**Offer vs. Serve**

**Archdiocese of Baltimore  
 Child Nutrition Program**

*This institution is an equal opportunity provider.*

**Breakfast & Lunch  
 Elementary, Middle & High Schools  
 Menu Subject to Change**

**Date: MARCH 2026**

**4 - Week Cycle**

<b>23-Mar</b>	<b>24-Mar</b>	<b>25-Mar</b>	<b>26-Mar</b>	<b>27-Mar</b>
<b>Week 4</b>	<b>Week 4</b>	<b>Week 4</b>	<b>Week 4</b>	<b>Week 4</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Yogurt & Mini Loaf	Sweet Potato Roll	Yogurt w/Mini Muffin (2oz) (ES)	Blueberry Bread	Cereal, Honey Cheerios
Applesauce (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Yogurt w/ Muffin (3.2oz) (MS & HS)	Apple Slices (IW), 1/2 cup	Applesauce (IW), 1/2 cup
Mixed Fruit (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Applesauce (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Pears (IW), 1/2 cup
Milk, Assorted*	Milk, Assorted*	Peaches (IW), 1/2 cup	Milk, Assorted*	Milk, Assorted*
		Milk, Assorted*		
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Chicken Patty on a Bun	Empanada Enchilada	Rotini w/Meatsauce & Garlic Breadstick	Chopped Beef and Cheddar on a Sub roll	Pizza, Round
Chicken Tenders Entrée Salad w/Rounds	Taco Entrée Salad w/Rounds & Salsa	Chicken Patty Entrée Salad w/Rounds	Grilled Salmon Entrée Salad w/Rounds	Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola
Capri Vegetable Blend, 1/2 cup	Vegetarian Beans, 1/2 cup	Mini Corn Muffin (HS & MS Only)	Sunshine Carrots, 1/2 cup	Corn, 1/2 cup (USDA)
Hummus (IW)	Hummus (IW)	Green Beans, 1/2 cup (USDA)	Hummus (IW)	Hummus (IW)
Carrot Sticks (IW), 1/2 cup w/PC Ranch	Sliced Cucumbers, 1/2 cup w/PC Ranch	Hummus (IW)	Celery Sticks (IW), 1/2 cup w/PC Ranch	Broccoli Florets (IW), 1/2 cup w/PC Ranch
Peaches (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Cherry Tomatoes, 1/2 cup w/PC Ranch	Grapes, 1/2 cup	Mixed Fruit (IW), 1/2 cup
Apple Slices (IW), 1/2 cup	Craisins (IW), 1/2 cup	Pears (IW), 1/2 cup	Craisins (IW), 1/2 cup	Apple Slices (IW), 1/2 cup
Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Apple Slices (IW), 1/2 cup	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*
Milk, Assorted*	Milk, Assorted*	Fruit, Fresh Assorted*	Milk, Assorted*	Milk, Assorted*
		Milk, Assorted*		

*Cool Tropics*

**Breakfast PreK MMFA (Bag all 3 items)**

Mini Muffin WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Maple Waffle WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Mini Muffin WGR, Applesauce, Milk
<b>Lunch PreK MMFA (pack all items in clam shell)</b>				
Chicken Patty on a Bun	Empanada Enchilada	Rotini w/Meatsauce & Garlic Knot	Chopped Beef & Cheddar on a Hot Dog Roll	Pizza, Round
Capri Veg Blend, Carrot Stick, Peaches, Milk	Vegetarian Beans, Sliced Cucumbers, Apple Slices, Milk	Green Beans, Cherry Tomatoes & Ranch, Pears, Milk	Sunshine Carrots, Celery Sticks & Ranch, Craisins, Milk	Corn, Broccoli Florets & Ranch, Mixed Fruit, Milk

\*Milk, Assorted - Offered in the Milk Cooler every day: Fat-Free Chocolate, Low-Fat White, Low-Fat Lactose Free, offer Soy Milk to Dairy-Free & Vegan Students only.  
 \*Fruit, Fresh Assorted - Banana, Clementine, or Orange

**Offer vs. Serve**

**Archdiocese of Baltimore  
 Child Nutrition Program**

*This institution is an equal opportunity provider.*

**Breakfast & Lunch  
 Elementary, Middle & High Schools  
 Menu Subject to Change**

**Date: MARCH 2026**

**4 - Week Cycle**

<b>30-Mar</b>	<b>31-Mar</b>	<b>1-Apr</b>	<b>2-Apr</b>	<b>3-Apr</b>
<b>Week 1</b>				

Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cheese Stick & Mini Loaf	French Toast	Yogurt w/Mini Muffin (2oz) (ES)	Cinnamon Crumb Loaf	Maple Waffle (IW)
Applesauce (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Yogurt w/ Muffin (3.2oz) (MS & HS)	Apple Slices (IW), 1/2 cup	Applesauce (IW), 1/2 cup
Mixed Fruit (IW), 1/2 cup	Fruit Juice, 4oz. shelf stable	Applesauce (IW), 1/2 cup	Fruit Juice, 4 oz. shelf stable	Pears (IW), 1/2 cup
Milk, Assorted*	Milk, Assorted*	Peaches (IW), 1/2 cup	Milk, Assorted*	Milk, Assorted*
		Milk, Assorted*		
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Tenders w/Waffle (IW) (boat)	Burrito Rice Bowl	Sloppy Joe on a bun	Chicken Tikka Masala w/Rice & Stacy's Pita Chips	Pizza, 4x6 (boat)
Chicken Tenders Entrée Salad w/Rounds	Taco Entrée Salad w/Rounds & Salsa	Chicken Patty Entrée Salad w/Rounds	Grilled Salmon Entrée Salad w/Rounds	Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola
Mini Corn Muffin (HS & MS Only)	Vegetarian Beans, 1/2 cup	Romaine Side Salad, 1/2 cup	Sunshine Carrots, 1/2 cup	Green Beans, 1/2 cup (USDA)
Oven Roasted Potatoes, 1/2 cup	Corn, 1/2 cup	Hummus (IW)	Hummus (IW)	Hummus (IW)
Hummus (IW)	Hummus (IW)	Cherry Tomatoes, 1/2 cup w/PC Ranch	Celery Sticks, 1/2 cup w/PC Ranch	Carrot Sticks (IW), 1/2 cup w/PC Ranch
Broccoli Florets (IW), 1/2 cup w/PC Ranch	Grapes, 1/2 cup	Pears (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Mixed Fruit (IW), 1/2 cup
Peaches (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Apple Slices (IW), 1/2 cup	Craisins (IW), 1/2 cup	Apple Slices (IW), 1/2 cup
Apple Slices (IW), 1/2 cup	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*
Fruit, Fresh Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*
Milk, Assorted*				

*Cool Tropics*

**Breakfast PreK MMFA (Bag all 3 items)**

Mini Muffin WGR, Applesauce, Milk	Mini Loaf WGR, Applesauce, Milk	Maple Waffle WGR, Applesauce, Milk	Mini Loaf WGR, Apple Slices, Milk	Mini Muffin WGR, Applesauce, Milk
-----------------------------------	---------------------------------	------------------------------------	-----------------------------------	-----------------------------------

**Lunch PreK MMFA (pack all items in clam shell)**

Chicken Tenders w/Waffle (IW) (boat)	Burrito Rice Bowl	Sloppy Joe on a bun	Chicken Tikka Masala w/Rice & Stacy's Pita Chips	Pizza, 4x6 (boat)
Oven Roasted Potatoes, Broccoli Florets & Ranch, Peaches, Milk	Vegetarian Beans, Corn, Apple Slices, Milk	Romaine Side Salad, Cherry Tomatoes & Ranch, Pears, Milk	Sunshine Carrots, Celery Sticks & Ranch, Apple Slices, Milk	Green Beans, Carrot Sticks & Ranch, Mixed Fruit, Milk

\*Milk, Assorted - Offered in the Milk Cooler every day: Fat-Free Chocolate, Low-Fat White, Low-Fat Lactose Free, offer Soy Milk to Dairy-Free & Vegan Students only.

\*Fruit, Fresh Assorted - Banana, Clementine, or Orange

**Offer vs. Serve**

**Archdiocese of Baltimore  
Child Nutrition Program**

*This institution is an equal opportunity provider.*

Archdiocese of Baltimore  
Child Nutrition Program

Breakfast & Lunch Menu

Pre K ONLY

March 2026

MENU SUBJECT TO CHANGE

Offer vs. Serve

2-Mar	3-Mar	4-Mar	5-Mar	6-Mar
<b>Breakfast</b> Mini Muffin WGR Applesauce Milk, White 1%	<b>Breakfast</b> Mini Loaf WGR Apple Slices Milk, White 1%	<b>Breakfast</b> Maple Waffle WGR Applesauce Milk, White 1%	<b>Breakfast</b> Mini Loaf WGR Appleslices Milk, White 1%	<b>Breakfast</b> Mini Muffin WGR Applesauce Milk, White 1%
<b>Lunch</b> Chicken Tenders w/Waffle Oven Roasted Potatoes Broccoli Florets w/PC Ranch Peaches Milk, White 1%	<b>Lunch</b> Burrito Rice Bowl Vegetarian Beans Corn Apple Slices Milk, White 1%	<b>Lunch</b> Sloppy Joe on a bun Romaine Side Salad Cherry Tomatoes w/PC Ranch Pears Milk, White 1%	<b>Lunch</b> Chicken Tikka Masala w/Rice & Stacy's Pita Chips Sunshine Carrots Celery Sticks w/PC Ranch Craisins Milk, White 1%	<b>Lunch</b> Pizza, 4x6 Green Beans Carrot Sticks w/PC Ranch Mixed Fruit Milk, White 1%
<b>9-Mar</b>	<b>10-Mar</b>	<b>11-Mar</b>	<b>12-Mar</b>	<b>13-Mar</b>
<b>Breakfast</b> Mini Muffin WGR Applesauce Milk, White 1%	<b>Breakfast</b> Mini Loaf WGR Apple Slices Milk, White 1%	<b>Breakfast</b> Maple Waffle WGR Applesauce Milk, White 1%	<b>Breakfast</b> Mini Loaf WGR Appleslices Milk, White 1%	<b>Breakfast</b> Mini Muffin WGR Applesauce Milk, White 1%
<b>Lunch</b> Teriyaki Potstickers Broccoli Carrot Sticks w/PC Ranch Peaches Milk, White 1%	<b>Lunch</b> Taco w/Tortilla, Scoops & PC Salsa Vegetarian Beans Cherry Tomatoes w/PC Ranch Strawberry Cups FRZ Milk, White 1%	<b>Lunch</b> Chicken Parmesan w/Garlic Breadstick Sunshine Carrots Sliced Cucumbers w/PC Ranch Pears Milk, White 1%	<b>Lunch</b> Teriyaki Chicken w/Vegetable Fried Rice Green Beans Celery Sticks w/PC Ranch Craisins Milk, White 1%	<b>Lunch</b> Pizza, Round Corn Carrot Sticks w/PC Ranch Mixed Fruit Milk, White 1%
<b>16-Mar</b>	<b>17-Mar</b>	<b>18-Mar</b>	<b>19-Mar</b>	<b>20-Mar</b>
<b>Breakfast</b> Mini Muffin WGR Applesauce Milk, White 1%	<b>Breakfast</b> Mini Loaf WGR Apple Slices Milk, White 1%	<b>Breakfast</b> Maple Waffle WGR Applesauce Milk, White 1%	<b>Breakfast</b> Mini Loaf WGR Appleslices Milk, White 1%	<b>Breakfast</b> Mini Muffin WGR Applesauce Milk, White 1%
<b>Lunch</b> Popcorn Chicken w/Dinner Roll Oven Roasted Potatoes, 1/2 cup Broccoli Florets w/PC Ranch Peaches Milk, White 1%	<b>Lunch</b> Hot Dogs on a Bun Vegetarian Beans Celery Sticks w/PC Ranch Craisins Milk, White 1%	<b>Lunch</b> Pizza Sticks w/Marinara Sauce Green Beans Cherry Tomatoes w/PC Ranch Pears Milk, White 1%	<b>Lunch</b> Birra Barbacoa w/Rounds & PC Salsa Sunshine Carrots Sliced Cucumbers w/PC Ranch Apple Slices Milk, White 1%	<b>Lunch</b> Pizza, Stuffed Crust w/PC Marinara Sauce Cascade Mixed Veg Blend Carrot Sticks w/PC Ranch Mixed Fruit Milk, White 1%
<b>23-Mar</b>	<b>24-Mar</b>	<b>25-Mar</b>	<b>26-Mar</b>	<b>27-Mar</b>
<b>Breakfast</b> Mini Muffin WGR Applesauce Milk, White 1%	<b>Breakfast</b> Mini Loaf WGR Apple Slices Milk, White 1%	<b>Breakfast</b> Maple Waffle WGR Applesauce Milk, White 1%	<b>Breakfast</b> Mini Loaf WGR Appleslices Milk, White 1%	<b>Breakfast</b> Mini Muffin WGR Applesauce Milk, White 1%
<b>Lunch</b> Chicken Patty on a Bun Capri Vegetable Blend Carrot Sticks w/PC Ranch Peaches Milk, White 1%	<b>Lunch</b> Empanada Enchilada Vegetarian Beans Sliced Cucumbers w/PC Ranch Apple Slices Milk, White 1%	<b>Lunch</b> Rotini w/Meatsauce & Garlic Knot Green Beans Cherry Tomatoes w/PC Ranch Pears Milk, White 1%	<b>Lunch</b> Chopped Beef & Cheddar on a Hot Dog Roll Sunshine Carrots Celery Sticks w/PC Ranch Craisins Milk, White 1%	<b>Lunch</b> Pizza, Round Corn Broccoli Florets w/PC Ranch Mixed Fruit Milk, White 1%
<b>30-Mar</b>	<b>31-Mar</b>	<b>1-Apr</b>	<b>2-Apr</b>	<b>3-Apr</b>
<b>Breakfast</b> Mini Muffin WGR Applesauce Milk, White 1%	<b>Breakfast</b> Mini Loaf WGR Apple Slices Milk, White 1%	<b>Breakfast</b> Maple Waffle WGR Applesauce Milk, White 1%	<b>Breakfast</b> Mini Loaf WGR Appleslices Milk, White 1%	<b>Breakfast</b> Mini Muffin WGR Applesauce Milk, White 1%
<b>Lunch</b> Chicken Tenders w/Waffle Oven Roasted Potatoes Broccoli Florets w/PC Ranch Peaches Milk, White 1%	<b>Lunch</b> Burrito Rice Bowl Vegetarian Beans Corn Apple Slices Milk, White 1%	<b>Lunch</b> Sloppy Joe on a bun Romaine Side Salad Cherry Tomatoes w/PC Ranch Pears Milk, White 1%	<b>Lunch</b> Chicken Tikka Masala w/Rice & Stacy's Pita Chips Sunshine Carrots Celery Sticks w/PC Ranch Craisins Milk, White 1%	<b>Lunch</b> Pizza, 4x6 Green Beans Carrot Sticks w/PC Ranch Mixed Fruit Milk, White 1%

\*Milk, Assorted - Offered in the Milk Cooler every day; Fat-Free Chocolate, Low-Fat White, Low-Fat Lactose Free, offer Soy Milk to Dairy-Free & Vegan Students only.

\*Fruit, Fresh Assorted - Banana, Clementine, or Orange

This Institution is an Equal Opportunity Provider, Lender and Employer.