



SHEHAN SNAPSHOT!



IMPORTANT DATES:

- Meet the Administration Team 9/17 @8:15am
- NWEA Map Test - Fall Session 9/23
- Back to School Night 9/24 @5:45-7pm
- Professional Development Day– School Closed 10/3
- Picture Day 10/7
- Open House 10/9 @10am-1pm
- Progress Reports Distributed 10/10



Take a look at the 'Cardinal Calendar' & upcoming school events!

Greetings Cardinal Shehan Family,

Thank you to all the grandparents who joined us for Grandparents Day on Tuesday, September 9th. We had nearly 120 grandparents attend, even though only 60 registered in advance. This wonderful turnout shows just how much love and support our students have from their families. We are truly grateful for every grandparent and thank God for the special role you play in your grandchild's life.

On Wednesday, September 10th, our school held a Club Fair for students in grades 2 through 8. Teachers set up tables in the gym decorated with displays and items related to their clubs. Students were excited to visit each table and select their top three choices. Parents will now discuss these options with their children and help finalize their choices. Next week, the administration will share the final club lists after balancing the number of students in each group.

We also want to remind families about the importance of caring for school property. Some of our Chromebooks have been damaged, and this has caused a shortage of working computers. Please talk with your child about being responsible when using school equipment. In addition, we ask for your help in addressing classroom behavior. Too much talking during instruction is interrupting learning time, and every moment counts. Starting next week, we will also roll out the "16 Habits of Mind" to strengthen our school culture. The first habit is Persistence, and teachers will help students understand what it means to keep trying even when things are tough. We encourage you to continue that conversation at home.

Soaring High Together,
Dr. Barney Wilson
Principal

REFERRAL BONUS

All referral credits will be applied by the **END of Trimester 1.**

Thank you for your patience!



Attendance & Tardiness

Every school day begins with important learning opportunities. When students arrive on time, they are best prepared to succeed. We ask for your continued support in ensuring punctual arrival each morning.

*School doors open: **@7:40 a.m.**

*Students are marked **late** by: **7:55 a.m.**

✨ Uniform Policy Reminder ✨

- CSS gym sweatshirts and hoodies **SHOULD NOT** be worn with the summer uniform
- On **non-gym days**, students must wear their **RED** CSS sweaters
- If wearing **uniform pants** (instead of shorts), students must wear **formal uniform shoes**
- Sneakers are only permitted with uniform shorts

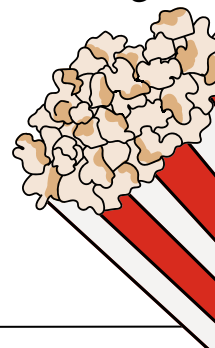
Please send your student(s) to school each day with a **FULL, refillable** water bottle. Students may bring a refillable water bottle (**up to 16oz only**). For safety and sustainability, we ask that you **DO NOT** send **straw-top cups** (such as Stanley cups) or **single-use plastic bottles** (such as Deer Park, Aquafina, etc.)



SNACK CART!!

Stop by the CSS Cheer Snack Cart after school **Monday-Friday** and treat yourself! A variety of snacks and drinks will be available, including:

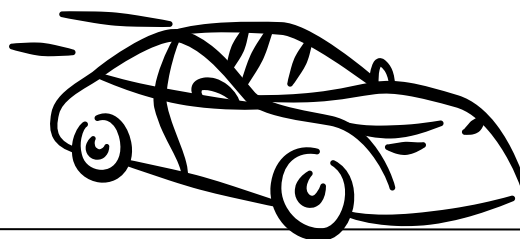
- Icee - \$2
- Juice/soda - \$1
- Sourpatch/Xtreme strips - \$2



EARLY DISMISSAL PROCEDURES

PLEASE REMEMBER: We kindly ask that there be **NO EARLY DISMISSALS** after 2:00 PM. This allows us to keep dismissal organized and minimize classroom disruptions. Thank you for your understanding and support!

We kindly ask that all families follow the proper drop-off & pick-up procedures during arrival and dismissal times. Your cooperation with our designated drop-off and pick-up routines ensures both safety and efficiency. Thank you for helping us make arrival and dismissal smooth for all families!



SEPTEMBER LUNCH MENU

What's for lunch?! 🍏🍞 Take a look at our September Lunch Menu attached to see the delicious and nutritious meals planned for our students!

Yard Sale

to benefit the
**Immigration Outreach
Service Center**



SATURDAY, SEPTEMBER 20
9am-12pm

Household Goods, Furniture, Toys, Artwork,
and Priceless Treasures.

Rain or Shine



5400 Loch Raven Blvd • Baltimore • 21239



WELCOME
BACK!

STAY COOL WITH CSS CHEER

Icee \$2
Soda/Juice \$1
Candy \$1

Sourpatch/xtreme strips \$2

APPLE PAY AND CASH
ONLY

After school Monday-Friday at CSS



BACK² SCHOOL *Night*

NEW TIME

**SEPTEMBER 24, 2025
5:45PM-7PM**

- Meet the CSS teachers
- Access class schedules
- Learn more about classroom expectations & routines
- Sign up for volunteer opportunities & events
- Connect with other CSS families
- Learn how to stay connected with teachers & administration





ARCHDIOCESE OF BALTIMORE HIGH SCHOOL FAIRS

**DISCOVER WHY
AOB HIGH SCHOOLS
RISE ABOVE**

**ALL ARE WELCOME.
NO REGISTRATION
REQUIRED.
HIGH SCHOOL FAIRS RUN
FROM 5:30PM TO 7PM**



**Catholic
Schools**
Rise ABOVE

SEPTEMBER 2025

- | | | |
|-----|-----------|--------------------------------------|
| MON | 15 | ST. MARK, CATONSVILLE ST. JOSEPH, |
| TUE | 16 | FULLERTON IMMACULATE |
| WED | 17 | CONCEPTION, TOWSON |
| THU | 18 | SACRED HEART, GLYNDON |
| MON | 22 | RESURRECTION-ST. PAUL, ELLICOTT CITY |
| TUE | 23 | SCHOOL OF THE INCARNATION, GAMBRILLS |
| WED | 24 | ST. URSULA, PARKVILLE |
| THU | 25 | ST. MARGARET, BEL AIR |
| MON | 29 | MOTHER MARY LANGE, BALTIMORE |

OCTOBER 2025

- | | | |
|-----|-----------|---------------------------------------|
| THU | 02 | ST. JOHN THE EVANGELIST, SEVERNA PARK |
|-----|-----------|---------------------------------------|

Archdiocese of Baltimore
Child Nutrition Program

Breakfast & Lunch
K - 8 Schools
August & September 2025

MENU SUBJECT TO CHANGE
Offer vs. Serve

25-Aug	26-Aug	27-Aug	28-Aug	29-Aug
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cheese Stick & Mini Loaf Applesauce Mixed Fruit Milk, Assorted*	French Toast Apple Slices Fruit Juice Milk, Assorted*	Yogurt w/Mini Muffin (K-5) Yogurt w/ Muffin (6-8) Applesauce Peaches (IW) Milk, Assorted*	Cinnamon Crumb Loaf Apple Slices Fruit Juice Milk, Assorted*	Maple Waffle Applesauce Pears Milk, Assorted*
Lunch	Lunch	Lunch	Lunch	Lunch
ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)
Chicken Tenders w/Waffle OR Chicken Tenders Entrée Salad w/Rounds & Salsa	Meatball Sub OR Taco Entrée Salad w/Rounds & Sals	Sloppy Joe on a bun OR Chicken Patty Entrée Salad w/Rounds	Chicken Quesadilla OR Taco Entrée Salad w/Rounds & Salsa	Pizza, 4x6 OR Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola
Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)
Mini Corn Muffin (6-8) Oven Roasted Potatoes Hummus Broccoli Florets w/PC Ranch Peaches Apple Slices Fruit, Fresh Assorted* Milk, Assorted*	Romaine Side Salad Hummus Sliced Cucumbers w/PC Ranch Grapes Apple Slices Fruit, Fresh Assorted* Milk, Assorted*	Sunshine Carrots Hummus Cherry Tomatoes w/PC Ranch Pears Apple Slices Fruit, Fresh Assorted* Milk, Assorted*	Vegetarian Beans Hummus Celery Sticks w/PC Ranch Apple Slices Craisins Fruit, Fresh Assorted* Milk, Assorted*	Green Beans Hummus Carrot Sticks w/PC Ranch Mixed Fruit Apple Slices Fruit, Fresh Assorted* Milk, Assorted*
Cool Tropics - TBD				

1-Sep	2-Sep	3-Sep	4-Sep	5-Sep
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
SCHOOL CLOSED	Ultimate Breakfast Round w/Yogurt Apple Slices Fruit Juice Milk, Assorted*	Yogurt w/Mini Muffin (K-5) Yogurt w/Muffin (6-8) Applesauce Peaches Milk, Assorted*	Banana Bread Apple Slices Fruit Juice Milk, Assorted*	Cereal, Honey Cheerios Applesauce Pears Milk, Assorted*
Lunch	Lunch	Lunch	Lunch	Lunch
ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)
Taco w/Tortilla, Scoops & PC Salsa OR Taco Entrée Salad w/Rounds & Sals	Chicken Parmesan w/Garlic Breadstic OR Chicken Patty Entrée Salad w/Rounds	Teriyaki Chicken w/Vegetable Fried Ri OR Taco Entrée Salad w/Rounds & Salsa	Pizza, Round OR Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola	
Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)
Vegetarian Beans Hummus Cherry Tomatoes Strawberry Cups FRZ Craisins Fruit, Fresh Assorted* Milk, Assorted*	Mini Corn Muffin (6-8) Sunshine Carrots Hummus Sliced Cucumbers w/PC Ranch Pears Apple Slices Fruit, Fresh Assorted* Milk, Assorted*	Green Beans Hummus Celery Sticks w/PC Ranch Apple Slices Grapes Fruit, Fresh Assorted* Milk, Assorted*	Corn Hummus Carrot Sticks w/PC Ranch Mixed Fruit Apple Slices Fruit, Fresh Assorted* Milk, Assorted*	

*Milk, Assorted - Offered in the Milk Cooler every day: Fat-Free Chocolate, Low-Fat White, Low-Fat Lactose Free, offer Soy Milk to Dairy-Free & Vegan Students only.

*Fruit, Fresh Assorted - Banana, Clementine, or Orange

This Institution is an Equal Opportunity Provider, Lender and Employer.

8-Sep	9-Sep	10-Sep	11-Sep	12-Sep
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast

Cheese Stick & Mini Loaf Applesauce Mixed Fruit Milk, Assorted*	Mini Pancakes Apple Slices Fruit Juice Milk, Assorted*	Yogurt w/Mini Muffin (K-5) Yogurt w/Muffin (6-8) Applesauce Peaches Milk, Assorted*	Benefit Bar Apple Slices Fruit Juice Milk, Assorted*	Maple Waffle Applesauce Pears Milk, Assorted*
Lunch	Lunch	Lunch	Lunch	Lunch
ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)
Chicken Wrap (2) OR Chicken Tenders Entrée Salad w/Rc	Hot Dogs on a Bun OR Taco Entrée Salad w/Rounds & Sals	Pizza Sticks w/Marinara Sauce OR Chicken Patty Entrée Salad w/Round	Cheesy Quesadilla & PC Salsa OR Taco Entrée Salad w/Rounds & Salsa	Pizza, Stuffed Crust w/PC Marinara Sauce OR Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola
Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)
Mini Corn Muffin (6-8) Oven Roasted Potatoes, 1/2 cup Hummus Broccoli Florets w/PC Ranch Peaches Apple Slices Fruit, Fresh Assorted* Milk, Assorted*	Sunshine Carrots Hummus Celery Sticks w/PC Ranch Grapes Craisins Fruit, Fresh Assorted* Milk, Assorted*	Green Beans Hummus Cherry Tomatoes w/PC Ranch Pears Apple Slices Fruit, Fresh Assorted* Milk, Assorted* <i>Cool Tropics - TBD</i>	Vegetarian Beans Hummus Sliced Cucumbers w/PC Ranch Apple Slices Craisins Fruit, Fresh Assorted* Milk, Assorted*	California Blend Hummus Carrot Sticks w/PC Ranch Mixed Fruit Apple Slices Fruit, Fresh Assorted* Milk, Assorted*

15-Sep	16-Sep	17-Sep	18-Sep	19-Sep
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Yogurt & Mini Loaf Applesauce Mixed Fruit Milk, Assorted*	Sweet Potato Roll Apple Slices Fruit Juice Milk, Assorted*	Yogurt w/Mini Muffin (K-5) Yogurt w/ Muffin (6-8) Applesauce Peaches Milk, Assorted*	Blueberry Bread Apple Slices Fruit Juice Milk, Assorted*	Cereal, Honey Cheerios Applesauce Pears Milk, Assorted*
Lunch	Lunch	Lunch	Lunch	Lunch
ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)
Chicken Patty on a Bun OR Chicken Tenders Entrée Salad w/Rc	Empanada Enchilada OR Taco Entrée Salad w/Rounds & Sals	Rotini w/Meatsauce & Garlic Knot OR Chicken Patty Entrée Salad w/Round	Popcorn Chicken w/Vegetable Fried F Pizza, Round OR Taco Entrée Salad w/Rounds & Salsa	Fruit Entrée Salad w/Cheese Stick and Yogurt w/Granola
Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)
California Blend Hummus Carrot Sticks w/PC Ranch Peaches Apple Slices Fruit, Fresh Assorted* Milk, Assorted*	Vegetarian Beans Hummus Sliced Cucumbers w/PC Ranch Apple Slices Craisins Fruit, Fresh Assorted* Milk, Assorted*	Mini Corn Muffin (6-8) Green Beans Hummus Cherry Tomatoes w/PC Ranch Pears Apple Slices Fruit, Fresh Assorted* Milk, Assorted*	Sunshine Carrots Hummus Celery Sticks w/PC Ranch Grapes Craisins Fruit, Fresh Assorted* Milk, Assorted*	Corn Hummus Broccoli Florets w/PC Ranch Mixed Fruit Apple Slices Fruit, Fresh Assorted* Milk, Assorted*

*Milk, Assorted - Offered in the Milk Cooler every day: Fat-Free Chocolate, Low-Fat White, Low-Fat Lactose Free, offer Soy Milk to Dairy-Free & Vegan Students only.

*Fruit, Fresh Assorted - Banana, Clementine, or Orange

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22-Sep	23-Sep	24-Sep	25-Sep	26-Sep
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cheese Stick & Mini Loaf Applesauce Mixed Fruit Milk, Assorted*	French Toast Apple Slices Fruit Juice Milk, Assorted*	Yogurt w/Mini Muffin (K-5) Yogurt w/ Muffin (6-8) Applesauce Peaches Milk, Assorted*	Cinnamon Crumb Loaf Apple Slices Fruit Juice Milk, Assorted*	Maple Waffle Applesauce Pears Milk, Assorted*
Lunch	Lunch	Lunch	Lunch	Lunch
ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)

Chicken Tenders w/Waffle OR	Meatball Sub OR	Sloppy Joe on a bun OR	Chicken Quesadilla OR	Pizza, 4x6 OR
Chicken Tenders Entrée Salad w/Rc	Taco Entrée Salad w/Rounds & Sals	Chicken Patty Entrée Salad w/Rounds	Taco Entrée Salad w/Rounds & Salsa	Fruit Entrée Salad w/Cheese Stick and
Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)
Mini Corn Muffin (6-8)	Romaine Side Salad	Sunshine Carrots	Vegetarian Beans	Green Beans
Oven Roasted Potatoes	Hummus	Hummus	Hummus	Hummus
Hummus	Sliced Cucumbers w/PC Ranch	Cherry Tomatoes w/PC Ranch	Celery Sticks w/PC Ranch	Carrot Sticks w/PC Ranch
Broccoli Florets w/PC Ranch	Grapes	Pears	Apple Slices	Mixed Fruit
Peaches	Apple Slices	Apple Slices	Craisins	Apple Slices
Apple Slices	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*
Fruit, Fresh Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*	Milk, Assorted*
Milk, Assorted*		Cool Tropics - TBD		
29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Yogurt & Mini Loaf	Ultimate Breakfast Round w/Yoqurt	Yogurt w/Mini Muffin (K-5)	Banana Bread	Cereal, Honey Cheerios
Applesauce	Apple Slices	Yogurt w/Muffin (6-8)	Apple Slices	Applesauce
Mixed Fruit	Fruit Juice	Applesauce	Fruit Juice	Pears
Milk, Assorted*	Milk, Assorted*	Peaches	Milk, Assorted*	Milk, Assorted*
		Milk, Assorted*		
Lunch	Lunch	Lunch	Lunch	Lunch
ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)	ENTRÉE' (Choose One)
Teriyaki Potstickers	Taco w/Tortilla, Scoops & PC Salsa	Chicken Parmesan w/Garlic Breadstlc	Teriyaki Chicken w/Vegetable Fried RI	Pizza, Round
OR	OR	OR	OR	OR
Chicken Tenders Entrée Salad w/Rc	Taco Entrée Salad w/Rounds & Sals	Chicken Patty Entrée Salad w/Rounds	Taco Entrée Salad w/Rounds & Salsa	Fruit Entrée Salad w/Cheese Stick and
Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)	Plus (Choose 3 or more)
Broccoli	Vegetarian Beans	Mini Corn Muffin (6-8)	Green Beans	Corn
Hummus	Hummus	Sunshine Carrots	Hummus	Hummus
Carrot Sticks w/PC Ranch	Cherry Tomatoes w/PC Ranch	Hummus	Celery Sticks w/PC Ranch	Carrot Sticks w/PC Ranch
Peaches	Strawberry Cups FRZ	Sliced Cucumbers w/PC Ranch	Apple Slices	Mixed Fruit
Apple Slices	Craisins	Pears	Grapes	Apple Slices
Fruit, Fresh Assorted*	Fruit, Fresh Assorted*	Apple Slices	Fruit, Fresh Assorted*	Fruit, Fresh Assorted*
Milk, Assorted*	Milk, Assorted*	Fruit, Fresh Assorted*	Milk, Assorted*	Milk, Assorted*
		Milk, Assorted*		

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